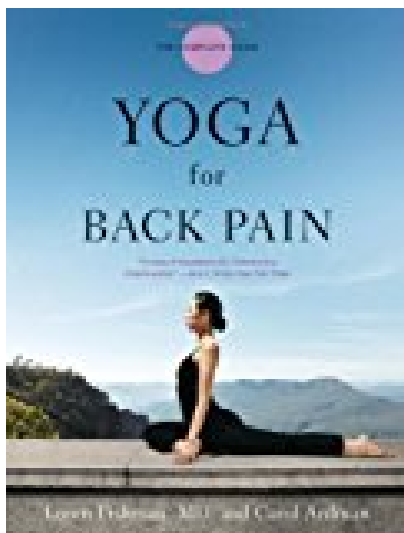


Yoga for Back Pain



BOOK DETAILS

- Author : Loren Fishman
- Pages : 208 Pages
- Publisher : W. W. Norton & Company
- Language : English
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BOOK SYNOPSIS

A full program for ridding back pain helps a person find the cause of the pain and then create a targeted yoga program for fixing the problem. Original.

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