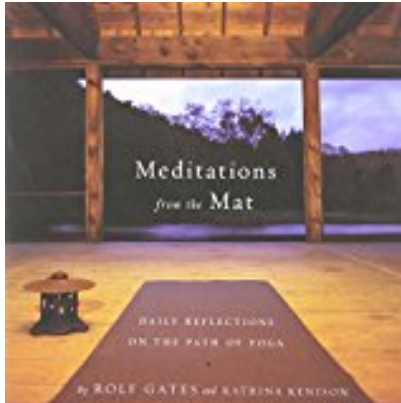


Meditations from the Mat Daily Reflections on the Path of Yoga



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