

Maw Broons Cookbook The Nations Favourites



BOOK DETAILS

- Author :
- Pages : 192 Pages
- Publisher : Waverley Books Ltd
- Language : English
- ISBN : 1902407458

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BOOK SYNOPSIS

A glorious new cookbook - the follow up to Maw Broons Cookbook. Full of traditional recipes - but all new recipes - such as cloutie dumpling, auld alliance pudding, American apple pie, a stick and a poke (rhubarb with a small bag of sugar), bramble jelly, plus recipes using fresh ingredients such as mussels, trout, and whisky marmalade. Scotlands best loved matriarch launches her second cookbook with the secrets of her country cooking from the But An Ben. The Gourmand Award-winning Maw Broons Cookbook was Scotlands Number One bestseller for nine weeks in the run up to Christmas 2007, and is still high in the charts. Maw was a wee bit pit oot by all the stooshie in the papers last year over her Maw Broons Cookbook all that fuss about her being booked by the Diet Police! Indeed! She was pleased to hear all the celebrity chefs saying "everything in moderation". She went straight to the But An Ben to get the cookbook from there - as it has loads of healthy stuff - it being in the country. Maw loves the But an Ben, the Broons holiday home, her wee hoose among the heather that she always wanted, where the nations favourite family get away to from the town to experience all the goodness of the country! More of Maws secrets are shared in Maw Broons But an Ben Cookbook. There are simple recipes too for when the whole family isnt there and Maw has to stay at Glebe Street, so the brood doesnt fade away. These are completely new recipes from Maw. Traditional cooking with organic, nutritious ingredients, as well as some good, old-fashioned full-fat favourites! And the bits and pieces that are tucked into the cookbook are all there stains, seed packets, timetables, photos everything. Maws been making all these recipes for years too - and she gets the whole family out and about in the fresh air, gathering and foraging. Happy peaceful carefree days for the whole family. Outings - Days Out - Activities that big and wee bairns can all do together Maw thinks theres nothing better than the whole family working away - having fun and days out all together. And she believes in the whole family sitting down together and eating and blethering and catching up with all thats going on. The family that eats together stays together! As Maw says "Play weel, Eat weel - stay weel!" And Jings - in this country weve got such rare good food on our own doorstep - fish and meat - everything fresh - eggs - poultry - fruit for the picking, a countryside rich in mushrooms, berries and wild plants for those who know where to look. And Maw says theres nae need tae cheat when you are cookin! This is a cookbook for every season, using all the goodness of the land. The outdoor life. Days out and things to do. The seaside isnt that far away, and the Luntie Loch and Snechtie River provide an abundance of local fish for the talented fisherman. (Or for Paw and Granpaw theres an excellent fishmonger in Auchentogle.) Theres picnic and barbecue food, and perfect food for a hikers packed lunch and for hampers. Grow your own. Theres gardening tips and recipes for the home-grown produce from Granpaws vegetable patch. Hes a dab hand at growing herbs, leeks, carrots and tatties at the back of the But an Ben. Pick your own. Theres food for free aplenty at the But an Ben, and foraging is a great activity for bored bairns. Wild plants, berries, mushrooms, and herbs theres rich pickings in the hedgerows for those who know where to look. Nostalgia. Readers will recognise the various rituals of family days out: tartan travel rugs, leaky flasks, sand in your sandwiches, falling in the burn, travel sickness, midgies and good, honest family fun in the outdoors! Maw Broons But an Ben Cookbook has it all. Happy, peaceful, carefree days at the But an Ben!

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