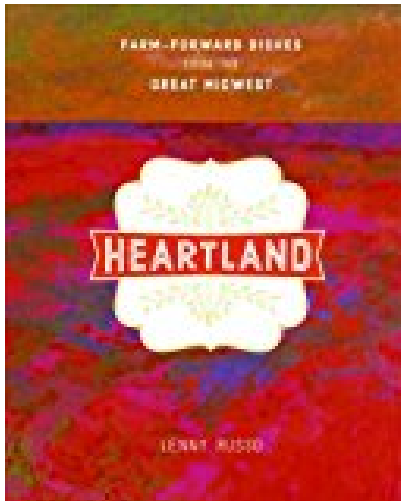


# Heartland Farm-Forward Dishes from the Great Midwest

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## BOOK DETAILS

- Author : Lenny Russo
- Pages : 256 Pages
- Publisher : Burgess Lea Press
- Language : English
- ISBN : 1941868053



## BOOK SYNOPSIS

A pioneer in the local field-to-fork movement showcases the fantastic bounty of Americas Midwest with recipes from his storied St. Paul restaurant. Lenny Russo, chef at Heartland in St. Paul, was inspired by the lakes, fields, farms and orchards of his adopted homeland to create 100 delectable recipes including Midwestern Cassoulet, Sweet Corn-Black Barley Cakes, Chocolate-Sorghum Custard Tart, Freshwater Bouillabaisse, Wild Rice Salad with Baby Kale and Blue Cheese, Fennel-Cured Whitefish with Danish Brown Bread Salad and dozens more.

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